

AURODHEA Balsamic Ointment

Eucalyptus, pine and menthol — an evening ritual before bed.

MD05B

In short

- 50 ml jar
- Eucalyptus, Scots pine and rosemary essential oils
- Menthol, camphor, tea tree oil
- For the chest, neck and back — or for steam inhalation
- Not for children under 3, not during pregnancy or breastfeeding
- Dermatologically tested, CPNP 3202690

How to use it

On the skin: rub into the chest, neck and back for 3–5 minutes, then leave a thick layer on the chest. As a steam inhalation: dissolve 1 teaspoon in half a litre of hot water and breathe the steam for about 10 minutes. Twice a day, once in the evening before bed.

Worth knowing before you buy

- On the skin — not for children under 3. As an inhalation — not for children under 6.
- Do not use during pregnancy or breastfeeding.
- Avoid if you are sensitive to menthol or have contact dermatitis.
- Patch test first: a little balm on the inside of the elbow; if there is no irritation or redness after 24 hours, you can use it.
- If it gets into the eyes, rinse with water straight away and see a doctor if needed.
- Store in a cool, dry place, away from heat.

Use within, once opened: 6 months · CPNP: 3202690

Full ingredient list (INCI)

Petrolatum, eucalyptus globulus leaf oil, paraffinum liquidum, pinus sylvestris leaf oil, menthol, camphor, cocos nucifera oil, rosmarinus officinalis leaf oil, melaleuca alternifolia leaf oil, limonene, linalool.